



पंडित दीनदयाल उपाध्याय शेखावाटी विश्वविद्यालय, सीकर (राज)
(सीकर-झुंझुनू स्टेट हाईवे, सीकर-332024)

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दिनांक : 13/12/21

UNIVERSITY ATHLETICS TEAM QUALIFYING STANDARD 2021

Qualifying norms for selection of University athletics team (WOMEN)

S.NO.	EVENT	Qualify norms##
1.	100M	12.26 seconds
2.	200M	24.96 seconds
3.	400M	56.30 seconds
4.	800M	2:18.54 minutes
5.	1500M	4:44.07 minutes
6.	5000M	18:06.81 minutes
7.	10000M	37:55.73 minutes
8.	100M Hurdle	14.46 seconds
9.	400 M Hurdle	1:02.93 minutes
10.	3000M Steeplechase	11:52.15 minutes
11.	High Jump	1.63 meters
12.	Long jump	5.76 meters
13.	Triple jump	12.59 meters
14.	Pole vault	3.10 meters
15.	Shot put	13.20 meters
16.	Discuss throw	40.04 meters
17.	Hammer throw	48.91 meters
18.	Javelin throw	42.90 meters
19.	5000m walk	24:38.30 minutes
20.	Half marathon	1:25:05.00 hours

Qualifying norms for selection of University athletics team (MEN)

S.NO.	EVENT	Qualify norms##
1.	100M	10.78 seconds
2.	200M	22.44 seconds
3.	400M	47.95 seconds
4.	800M	1:56.67 minutes
5.	1500M	4:00.29 minutes
6.	5000M	14:43.55 minutes
7.	10000M	31:28.97 minutes
8.	110M Hurdle	15.25 seconds
9.	400 M Hurdle	53.83 seconds
10.	3000M Steeplechase	9:55.25 minutes
11.	High Jump	2.00 meters
12.	Long jump	7.22 meters
13.	Triple Jump	15.13 meters
14.	Pole vault	4.60 meters
15.	Shot put	16.48 meters
16.	Discuss throw	48.44 meters
17.	Hammer throw	53.20 meters
18.	Javelin throw	66.86 meters
19.	20km walk	1:35:51.14 hours
20.	Half marathon	1:10:09.00 hours

##Qualifying norms based on results during 77th All India Inter-University Athletics Championship organized by Anna University, Chennai.

Dr Sanjeev Kumar
University Games Incharge