



पंडित दीनदयाल उपाध्याय शेखावाटी विश्वविद्यालय, सीकर (राज.)

(श्री कल्याण राजकीय महाविद्यालय के पीछे, सीकर-332001)

टेलीफोन नं. 01572-272100, 273100, 273200 टेलीफेक्स 01572-273100

वेबसाईट: www.shekhauni.ac.in, ई-मेल: reg.shekhauni@gmail.com

क्रमांक : पं 38 () संस्थापन/स्पोर्ट्स/2019-20/14926

दिनांक : 27/9/19

प्राचार्य

समस्त सम्बद्ध राजकीय एवं निजी महाविद्यालय,

जिला-सीकर एवं झुंझुनू


विषय :- पंडित दीनदयाल उपाध्याय शेखावाटी विश्वविद्यालय की अन्तर महाविद्यालय खेल प्रतियोगिता के सम्बन्ध में सूचना।

महोदय/महोदया,

1. पंडित दीनदयाल उपाध्याय शेखावाटी विश्वविद्यालय अन्तर महाविद्यालय खेल-कूद प्रतियोगिता हेतु स्पोर्ट्स कलैण्डर एवं स्पोर्ट्स से सम्बन्धित सभी सूचनाएँ विश्वविद्यालय की वेबसाइट (www.shekhauni.ac.in) पर देखें एवं अपने महाविद्यालय की ई-मेल को समस-समय पर देखते रहें। सूचना डाक द्वारा प्रेषित नहीं की जाएगी।

2. शेखावाटी विश्वविद्यालय अन्तर महाविद्यालय खेल-कूद प्रतियोगिताओं में All India and West Zone की तिथियों को ध्यान में रखते हुए निम्नानुसार खेल आयोजन तिथियों में परिवर्तन किया गया है -

| क्र. स. | खेल का नाम | पूर्व आयोजन तिथि | परिवर्तित तिथि |
|---------|------------------|------------------|----------------|
| 1. | Athletics (M&W) | 10-13 Oct 2019 | 15-17 Oct 2019 |
| 2. | Handball (M) | 02-03 Feb 2020 | 11-12 Nov 2019 |
| 3. | Table Tennis (M) | 20-22 Nov 2019 | 19-20 Oct 2019 |
| 4. | Volleyball (W) | 13-14 Nov 2019 | 12-13 Oct 2019 |
| 5. | Softball (M) | 05-06 Jan 2020 | 10 Oct 2019 |


इन्दु गोदारा
खेल सचिव



पंडित दीनदयाल उपाध्याय शेखावाटी विश्वविद्यालय, सीकर (राज.)

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QUALIFYING STANDARDS FOR INTER UNIVERSITY ATHLETICS MEET 2019-20

(The standard has taken as the 6th position in each event of the Inter University Athletics Meet)

| S. No | Men | | Women | |
|-------|-----------------|-----------------------------------|-----------------|-----------------------------------|
| | Event | Qualifying Norms in Time/Distance | Event | Qualifying Norms in Time/Distance |
| 1. | 100M | 00:10:71 Sec | 100M | 00:12:00 Sec |
| 2. | 200M | 00:21:88 Sec | 200M | 00:24:75 Sec |
| 3. | 400M | 00:48:63 Sec | 400M | 00:56:87 Sec |
| 4. | 800M | 01:51:99 Sec | 800M | 02:12:60 Sec |
| 5. | 1500M | 03:57:24 Sec | 1500M | 04:37:51 Sec |
| 6. | 5000M | 15:33:39 Sec | 5000M | 17:46:08 Sec |
| 7. | 10000M | 32:06:98 Sec | 10000M | 38:42:84 Sec |
| 8. | Half Marathon | 01:10:46:66 Sec | Half Marathon | 01:28:23:09 Sec |
| 9. | 110 M Hurdle | 00:14:85 Sec | 100 M Hurdle | 00:14:53 Sec |
| 10. | 400 M Hurdle | 00:54:37 Sec | 400 M Hurdle | 01:03:54 Sec |
| 11. | High Jump | 2:00 MTS | High Jump | 1:63 MTS |
| 12. | Long Jump | 7:41 MTS | Long Jump | 5:88 MTS |
| 13. | Triple Jump | 15:74 MTS | Triple Jump | 12:59 MTS |
| 14. | Shot Put | 16:23 MTS | Shot Put | 13:21 MTS |
| 15. | Discus Throw | 47:22 MTS | Discus Throw | 45:28 MTS |
| 16. | Hammer Throw | 57:04 MTS | Hammer Throw | 48:68 MTS |
| 17. | Javelin Throw | 67:84 MTS | Javelin Throw | 44:55 MTS |
| 18. | 20 KM Walk | 01:36:26:97 Sec | 5 KM Walk | 01:54:32:90 Sec |
| 19. | 4 X 100 M Relay | 00:42:12 Sec | 4 X 100 M Relay | 00:48:27 Sec |
| 20. | 4 X 400 M Relay | 03:14:79 Sec | 4 X 400 M Relay | 04:01:75 Sec |


Secretary, Sports board
PDUS University, Sikar (Rajasthan)
Mob. No. 9414230492

Dated: 27/9/19

PANDIT DEENDAYAL UPADHYAYA SHEKHAWATI UNIVERSITY, SIKAR
INTER COLLEGE ATHLETICS (M&W) CHAMPIONSHIP 2019-20
DETAILS ENTRY ATHLETICS (MEN)

Name of the College : _____

| Name of the Athlete(s) (in capital letters) | 100 Meters | 200 Meters | 400 Meters | 800 Meters | 1500 Meters | 5000 Meters | 10000 Meters | 20 KM Walk | 05 KM Walk | Half Marathon | 110 M. Hurdles | High Jump | Long Jump | Triple Jump | Discus Throw | Javelin Throw | Short Put | Hammer Throw | 4 X 100Mts. Relay | 4 X 400Mts. Relay | |
|--|------------|------------|------------|------------|-------------|-------------|--------------|------------|------------|---------------|----------------|-----------|-----------|-------------|--------------|---------------|-----------|--------------|-------------------|-------------------|--|
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Note Mark () for entry, mark 'R' for reserve, send it by Regd. post with AD No. entry will be accepted after submission. An university can enter two Athletes in one event and can send one reserve entry.